



[Home](#) > Breaking Up

Breaking Up

Books Reviewed:

[Breaking Up](#) [1]

Issue:

[128](#) [2]

Reviewer:

[Val Randall](#) [3]

Editor's Choice:

off

Media type:

Book

BfK Rating:

5

A new Cann book is always a cause for celebration. The veracity of both internal and external dialogue in *Breaking Up* immediately communicates Fliss's anguish at the disintegration of her parents' relationship and of her own with her boyfriend Simon. There is an overwhelming sense of isolation permeating the novel - Fliss's over-dependence on Simon for support is graphically communicated and when their relationship crumbles the reader is left with a real sense of loss and anger on Fliss's behalf - a double perspective which allows one to observe and participate at the same time. The real triumph of the book is the reader's awareness that each character is reshaped by events: it is their destroyed relationships which define them, not their independent personalities. The therapeutic value of *Breaking Up* cannot be ignored: the absolute realism of emotional trauma is slowly replaced by an equally convincing and determined climb to rehabilitation and renewal.

Running Order:

6

Source URL (retrieved on Aug '20): <http://w.booksforkeeps.co.uk/issue/128/childrens-books/reviews/breaking-up>

Links:

[1] <http://w.booksforkeeps.co.uk/childrens-books/breaking-up>

[2] <http://w.booksforkeeps.co.uk/issue/128>

[3] <http://w.booksforkeeps.co.uk/member/val-randall>